## APPENDIX

## 1. A compound of the formula:

$$Ar - L^{2} - N - L^{1} - \alpha - \beta - 2Z^{2}$$

$$N - L^{1} - \alpha - \beta - 2Z^{2}$$

$$N - R^{3} \cdot n$$

$$N - L^{1} - \alpha - \beta - 2Z^{2}$$

$$N - R^{3} \cdot n$$

$$N - R$$

and the pharmaceutically acceptable salts thereof, or a pharmaceutical composition thereof, wherein

represents a single or double bond;

one Z<sup>2</sup> is CA or CR<sup>8</sup>A and the other is CR<sup>1</sup>, CR<sup>1</sup><sub>2</sub>, NR<sup>6</sup> or N wherein each R<sup>1</sup>, R<sup>6</sup> and R<sup>8</sup> is independently hydrogen or noninterfering substituent;

A is  $-W_i$ - $COX_jY$  wherein Y is  $COR^2$  or an isostere thereof and  $R^2$  is hydrogen or a noninterfering substituent, each of W and X is a spacer of 2-6Å which is substituted or unsubstituted alkylene, alkenylene or alkynylene, and each of i and j is independently 0 or 1;

R<sup>7</sup> is H or is optionally substituted alkyl, alkenyl, alkynyl, aryl, arylalkyl, acyl, aroyl, heteroaryl, heteroalkyl, heteroalkynyl, heteroalkylaryl, or is SOR, SO<sub>2</sub>R, RCO, COOR, alkyl-COR, SO<sub>3</sub>R, CONR<sub>2</sub>, SO<sub>2</sub>NR<sub>2</sub>, CN, CF<sub>3</sub>, NR<sub>2</sub>, OR, alkyl-SR, alkyl-SOR, alkyl-SO<sub>2</sub>R, alkyl-OCOR, alkyl-COOR, alkyl-CONR<sub>2</sub>, or R<sub>3</sub>Si, wherein each R is independently H, alkyl, alkenyl or aryl or heteroforms thereof;

each R<sup>3</sup> is independently a noninterfering substituent; n is 0-3;

each of L<sup>1</sup> and L<sup>2</sup> is independently alkylene (1-4C) or alkenylene (1-4C) optionally substituted with a moiety selected from the group consisting of alkyl, alkenyl, alkynyl, aryl, arylalkyl, acyl, aroyl, heteroaryl, heteroalkyl, heteroalkenyl, heteroalkynyl, heteroalkylaryl, NH-aroyl, halo, OR, NR<sub>2</sub>, SR, SOR, SO<sub>2</sub>R, OCOR, NRCOR, NRCONR<sub>2</sub>, NRCOOR, OCONR<sub>2</sub>, RCO, COOR, alkyl-OOR, SO<sub>3</sub>R, CONR<sub>2</sub>, SO<sub>2</sub>NR<sub>2</sub>, NRSO<sub>2</sub>NR<sub>2</sub>, CN, CF<sub>3</sub>, R<sub>3</sub>Si, and NO<sub>2</sub>, wherein each R is independently H, alkyl, alkenyl or aryl or heteroforms thereof, and wherein two substituents on L<sup>1</sup> or L<sup>2</sup> can be joined to form a non-aromatic saturated or unsaturated ring that includes 0-3 heteroatoms which are O, S and/or N and which contains 3 to 8 members or

said two substituents can be joined to form a carbonyl moiety or an oxime, oximeether, oximeester or ketal of said carbonyl moiety;

each R<sup>4</sup> is independently a noninterfering substituent; m is 0-4;

Ar is an aryl group substituted with 0-5 noninterfering substituents, wherein two noninterfering substituents can form a fused ring; and

the distance between the atom of Ar linked to  $L^2$  and the center of the  $\alpha$  ring is 4.5-24Å.

2. The compound of claim 1 wherein A is COXjCOR<sup>2</sup>, and wherein R<sup>2</sup> is H, or is straight or branched chain alkyl, alkenyl, alkynyl, aryl, arylalkyl, heteroalkyl, heteroaryl, or heteroarylalkyl, each optionally substituted with halo, alkyl, heteroalkyl, SR, OR, NR<sub>2</sub>, OCOR, NRCOR, NRCONR<sub>2</sub>, NRSO<sub>2</sub>R, NRSO<sub>2</sub>NR<sub>2</sub>, OCONR<sub>2</sub>, CN, COOR, CONR<sub>2</sub>, COR, or R<sub>3</sub>Si wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom-containing forms thereof, or

wherein R<sup>2</sup> is OR, NR<sub>2</sub>, SR, NRCONR<sub>2</sub>, OCONR<sub>2</sub>, or NRSO<sub>2</sub>NR<sub>2</sub>, wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom-containing forms thereof, and wherein two R attached to the same atom may form a 3-8 member ring and wherein said ring may further be substituted by alkyl, alkenyl, alkynyl, aryl, arylalkyl, heteroalkyl, heteroaryl, heteroarylalkyl, each optionally substituted with halo, SR, OR, NR<sub>2</sub>, OCOR, NRCOR, NRCONR<sub>2</sub>, NRSO<sub>2</sub>R, NRSO<sub>2</sub>NR<sub>2</sub>, OCONR<sub>2</sub>, or R<sub>3</sub>Si wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom-containing forms thereof wherein two R attached to the same atom may form a 3-8 member ring, optionally substituted as above defined; and

X, if present, is alkylene.

- 3. The compound of claim 1 wherein Y is an isostere of  $COR^2$ .
- 4. The compound of claim 3 wherein Y is tetrazole; 1,2,3-triazole; 1,2,4-triazole; or imidazole.
  - 5. The compound of claim 1 wherein each of i and j is 0.
  - 6. The compound of claim 2 wherein j is 0.

- 9. The compound of claim 1 wherein R<sup>7</sup> is H, or is optionally substituted alkyl, or acyl.
  - 11. The compound of claim 1 wherein L<sup>1</sup> is CO, CHOH or CH<sub>2</sub>.
  - 12. The compound of claim 11 wherein  $L^1$  is CO.
  - 16. The compound of claim 1 wherein  $L^2$  is unsubstituted alkylene and  $L^1$  is CO.
- 17. The compound of claim 1 wherein  $L^2$  is unsubstituted methylene, methylene substituted with alkyl, or -CH= and  $L^1$  is alkylene or CO.
- 18. The compound of claim 1 wherein Ar is optionally substituted with 0-5 substituents selected from the group consisting of alkyl, alkenyl, alkynyl, aryl, arylalkyl, acyl, aroyl, heteroaryl, heteroalkyl, heteroalkenyl, heteroalkynyl, heteroalkylaryl, NH-aroyl, halo, OR, NR<sub>2</sub>, SR, SOR, SO<sub>2</sub>R, OCOR, NRCOR, NRCONR<sub>2</sub>, NRCOOR, OCONR<sub>2</sub>, RCO, COOR, alkyl-OOR, SO<sub>3</sub>R, CONR<sub>2</sub>, SO<sub>2</sub>NR<sub>2</sub>, NRSO<sub>2</sub>NR<sub>2</sub>, CN, CF<sub>3</sub>, R<sub>3</sub>Si, and NO<sub>2</sub>, wherein each R is independently H, alkyl, alkenyl or aryl or heteroforms thereof, and wherein two of said optional substituents on adjacent positions can be joined to form a fused, optionally substituted aromatic or nonaromatic, saturated or unsaturated ring which contains 3-8 members.
  - 19. The compound of claim 18 wherein Ar is optionally substituted phenyl.
- 20. The compound of claim 19 wherein said optional substitution is by halo, OR, or alkyl.
- 21. The compound of claim 20 wherein said phenyl is unsubstituted or has a single substituent.
- 22. The compound of claim 1 wherein R<sup>4</sup> is selected from the group consisting of alkyl, alkenyl, alkynyl, aryl, arylalkyl, acyl, aroyl, heteroaryl, heteroalkyl, heteroalkyl, heteroalkyl, NH-aroyl, halo, OR, NR<sub>2</sub>, SR, SOR, SO<sub>2</sub>R, OCOR, NRCOR,

NRCONR<sub>2</sub>, NRCOOR, OCONR<sub>2</sub>, RCO, COOR, alkyl-OOR, SO<sub>3</sub>R, CONR<sub>2</sub>, SO<sub>2</sub>NR<sub>2</sub>, NRSO<sub>2</sub>NR<sub>2</sub>, CN, CF<sub>3</sub>, R<sub>3</sub>Si, and NO<sub>2</sub>, wherein each R is independently H, alkyl, alkenyl or aryl or heteroforms thereof and two of R<sup>4</sup> on adjacent positions can be joined to form a fused, optionally substituted aromatic or nonaromatic, saturated or unsaturated ring which contains 3-8 members, or R<sup>4</sup> is =O or an oxime, oximeether, oximeester or ketal thereof.

- 23. The compound of claim 22 wherein each R<sup>4</sup> is halo, OR, or alkyl.
- 24. The compound of claim 23 wherein m is 0, 1, or 2.
- 25. The compound of claim 24 wherein m is 2 and both R<sup>4</sup> are alkyl.
- 26. The compound of claim 1 wherein each R<sup>3</sup> is halo, alkyl, heteroalkyl, OCOR, OR, NRCOR, SR, or NR<sub>2</sub>, wherein R is H, alkyl, aryl, or heteroforms thereof.
  - 27. The compound of claim 26 wherein R<sup>3</sup> is halo or alkoxy.
  - 28. The compound of claim 27 wherein n is 0, 1 or 2.
- 29. The compound of claim 1 wherein  $L^1$  is coupled to the  $\alpha$  ring at the 4-, 5- or 6-position.
  - 30. The compound of claim 1 wherein  $Z^2$  at position 3 is CA or CHA.
  - 31. The compound of claim 30 wherein the  $Z^2$  at position 2 is  $CR^1$  or  $CR^1_2$ .
- 32. The compound of claim 31 wherein R<sup>1</sup> is hydrogen, or is alkyl, alkenyl, alkynyl, aryl, arylalkyl, acyl, aroyl, heteroaryl, heteroalkyl, heteroalkenyl, heteroalkynyl, heteroalkylaryl, NH-aroyl, halo, OR, NR<sub>2</sub>, SR, SOR, SO<sub>2</sub>R, OCOR, NRCOR, NRCONR<sub>2</sub>, NRCOOR, OCONR<sub>2</sub>, RCO, COOR, alkyl-OOR, SO<sub>3</sub>R, CONR<sub>2</sub>, SO<sub>2</sub>NR<sub>2</sub>, NRSO<sub>2</sub>NR<sub>2</sub>, CN, CF<sub>3</sub>, R<sub>3</sub>Si, and NO<sub>2</sub>, wherein each R is independently H, alkyl, alkenyl or aryl or heteroforms thereof and two of R<sup>1</sup>

can be joined to form a fused, optionally substituted aromatic or nonaromatic, saturated or unsaturated ring which contains 3-8 members.

- 33. The compound of claim 32 wherein each R<sup>1</sup> is selected from the group consisting of H, alkyl, acyl, aryl, arylalkyl, heteroalkyl, heteroaryl, halo, OR, NR<sub>2</sub>, SR, NRCOR, alkyl-OOR, RCO, COOR, and CN, wherein each R is independently H, alkyl, or aryl or heteroforms thereof.
  - 34. The compound of claim 30 wherein  $Z^2$  at position 2 is N or  $NR^6$ .
- 35. The compound of claim 34 wherein R<sup>6</sup> is H, or alkyl, alkenyl, alkynyl, aryl, arylalkyl, acyl, aroyl, heteroaryl, heteroalkyl, heteroalkenyl, heteroalkynyl, heteroalkylaryl, or is SOR, SO<sub>2</sub>R, RCO, COOR, alkyl-COR, SO<sub>3</sub>R, CONR<sub>2</sub>, SO<sub>2</sub>NR<sub>2</sub>, CN, CF<sub>3</sub>, or R<sub>3</sub>Si wherein each R is independently H, alkyl, alkenyl or aryl or heteroforms thereof.
  - 36. The compound of claim 1 wherein represents a double bond.
- 37. The compound of claim 1 wherein the distance between the atom on Ar linked to  $L^2$  and the center of the  $\alpha$  ring is 7.5-11Å.
- 39. A pharmaceutical composition for treating conditions characterized by enhanced p38-α activity which composition comprises
- a therapeutically effective amount of a compound claim 1 or the pharmaceutically acceptable salts thereof, along with a pharmaceutically acceptable excipient.
- 42. A method to treat rheumatoid arthritis comprising administering to a subject in need of such treatment a compound of claim 1 or the pharmaceutically acceptable salts thereof, or a pharmaceutical composition thereof.
  - 45. The compound of claim 36, wherein  $Z^2$  at position 3 is CA.
  - 46. The compound of claim 45, wherein  $Z^2$  at position 2 is  $CR^1$ .

- 47. The compound of claim 46, wherein A is COCOR<sup>2</sup>.
- 48. The compound of claim 47, wherein R<sup>2</sup> is H, or is straight or branched chain alkyl, alkenyl, alkynyl, aryl, arylalkyl, heteroalkyl, heteroaryl, or heteroarylalkyl, each optionally substituted with halo, alkyl, heteroalkyl, SR, OR, NR<sub>2</sub>, OCOR, NRCOR, NRCONR<sub>2</sub>, NRSO<sub>2</sub>R, NRSO<sub>2</sub>NR<sub>2</sub>, OCONR<sub>2</sub>, CN, COOR, CONR<sub>2</sub>, COR, or R<sub>3</sub>Si wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom-containing forms thereof, or

wherein R<sup>2</sup> is OR, NR<sub>2</sub>, SR, NRCONR<sub>2</sub>, OCONR<sub>2</sub>, or NRSO<sub>2</sub>NR<sub>2</sub>, wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom-containing forms thereof, and wherein two R attached to the same atom may form a 3-8 member ring and wherein said ring may further be substituted by alkyl, alkenyl, alkynyl, aryl, arylalkyl, heteroalkyl, heteroaryl, heteroarylalkyl, each optionally substituted with halo, SR, OR, NR<sub>2</sub>, OCOR, NRCOR, NRCONR<sub>2</sub>, NRSO<sub>2</sub>R, NRSO<sub>2</sub>NR<sub>2</sub>, OCONR<sub>2</sub>, or R<sub>3</sub>Si wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom-containing forms thereof wherein two R attached to the same atom may form a 3-8 member ring, optionally substituted as above defined.

- 49. The compound of claim 48, wherein  $R^1$  is H.
- 50. The compound of claim 49, wherein n is 0 or 1.
- 51. The compound of claim 50, wherein Ar is substituted phenyl.
- 52. The compound of claim 51, wherein  $L^2$  is unsubstituted or substituted alkylene optionally including a heteroatom.
  - 53. The compound of claim 52, wherein  $L^1$  is alkylene or CO.
  - 54. The compound of claim 53, wherein  $L^2$  is methylene and  $L^1$  is CO.
  - 55. The compound of claim 54, wherein n is 1 and R<sup>3</sup> is halo or methoxy.
  - 56. The compound of claim 55, wherein R<sup>7</sup> is H or alkyl.

- 57. The compound of claim 56, wherein  $\mathbb{R}^7$  is methyl.
- 58. The compound of claim 57, wherein Ar is para-fluorophenyl.
- 59. The compound of claim 58, wherein R<sup>2</sup> is OR, NR<sub>2</sub>, SR, NRCONR<sub>2</sub>, OCONR<sub>2</sub> or NRSO<sub>2</sub>NR<sub>2</sub> wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom containing forms thereof and wherein two R attached to the same atom may form a 3-8 membered ring.
- 60. The compound of claim 59, wherein R<sup>2</sup> is NR<sub>2</sub> wherein each R is independently H, alkyl, alkenyl or aryl or the heteroatom containing forms thereof and wherein two R attached to the same atom may form a 3-8 membered ring.
- 61. The compound of claim 60, which is selected from the group consisting of compound Nos. 15, 33, 57, 59, 77, 89, 96, and 100 of Table 2, *i.e.*,

1-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2,5-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide;

1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2,5-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide;

1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide;

1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalicamide;

1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N-methyl-glyoxalicamide;

1-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide;

1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalic acid-morpholinamide; and

1-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalic acid-morpholinamide.

- 62. The compound of claim 60, wherein said compound is compound No. 15 of Table 2, *i.e.*, 1-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2,5-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 63. The compound of claim 60, wherein said compound is compound No. 33 of Table 2, *i.e.*, 1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2,5-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 64. The compound of claim 60, wherein said compound is compound No. 57 of Table 2, *i.e.*, 1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 65. The compound of claim 60, wherein said compound is compound No. 59 of Table 2, *i.e.*, 1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalicamide.
- 66. The compound of claim 60, wherein said compound is compound No. 77 of Table 2, *i.e.*, 1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N-methyl-glyoxalicamide.
- 67. The compound of claim 60, wherein said compound is compound No. 89 of Table 2, *i.e.*, 1-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 68. The compound of claim 60, wherein said compound is compound No. 96 of Table 2, *i.e.*, 1-methyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalic acid-morpholinamide.
- 69. The compound of claim 1, wherein said compound is compound No. 162 of Table 2, *i.e.*, 6-chloro-[4'-fluoro-(4-benzyl-2,5-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.

- 70. The compound of claim 60, wherein said compound is compound No. 100 of Table 2, *i.e.*, 1-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalic acid-morpholinamide.
- 71. The compound of claim 1, wherein said compound is compound No. 17 of Table 2, *i.e.*, 1-ethoxycarbonyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 72. The compound of claim 1, wherein said compound is compound No. 38 of Table 2, *i.e.*, 1-ethoxycarbonyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 73. The compound of claim 1, wherein said compound is compound No. 45 of Table 2, *i.e.*, 1-t-butoxycarbonyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 74. The compound of claim 1, wherein said compound is compound No. 56 of Table 2, *i.e.*, 1-acetyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 75. The compound of claim 1, wherein said compound is compound No. 60 of Table 2, *i.e.*, 1-acetyl-2-methyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 76. The compound of claim 1, wherein said compound is compound No. 63 of Table 2, *i.e.*, 1-methoxymethyl-6-chloro-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 77. The compound of claim 1, wherein said compound is compound No. 92 of Table 2, *i.e.*, 1-methoxymethyl-6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.

- 78. The compound of claim 1, wherein said compound is compound No. 102 of Table 2, *i.e.*, 1-methyl-6-chloro-[4-(1-4'-fluorophenylethyl)piperazinyl]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 79. The compound of claim 1, wherein said compound is compound No. 137 of Table 3, *i.e.*, -methoxy-(4-benzyl piperazinyl)-indole-5-carboxamide-3-glyoxalic acid-methyl ester.
- 80. The compound of claim 1, wherein said compound is compound No. 138 of Table 3, *i.e.*, [4-(1-phenylethyl)piperazinyl]-indole-5-carboxamide-3-glyoxalic acid methyl ester.
- 81. The compound of claim 1, wherein said compound is compound No. 152 of Table 3, *i.e.*, (4-benzyl-2R,5S-piperazinyl)-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 82. The compound of claim 1, wherein said compound is compound No. 161 of Table 3, *i.e.*, 6-methoxy-[4'-fluoro-(4-benzyl-2,5-dimethyl piperazinyl)]-indole-5-carboxamide-3-glyoxalic acid-morpholinamide.
- 83. The compound of claim 1, wherein said compound is compound No. 177 of Table 3, *i.e.*, 6-methoxy-[4'-fluoro-(4-benzyl-2R,5S-dimethyl piperazinyl)]-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.
- 84. The compound of claim 1, wherein said compound is compound No. 180 of Table 3, *i.e.*, (6-methoxy[4-(1-4'-fluorophenylethyl)piperazinyl)-indole-5-carboxamide-3-N,N-dimethyl glyoxalicamide.